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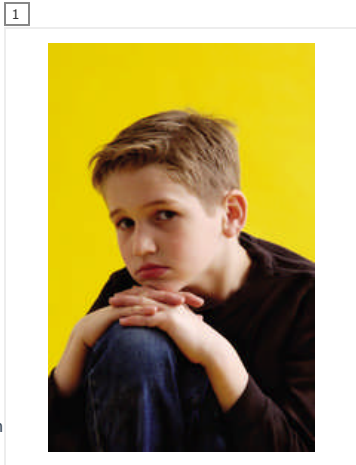
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## Bullying Prevention Goes High Tech

Snapshots - School-age  
By Ann Douglas  
BEHAVIOUR

Sep 22, 2008

Psychology professors Debra Pepler and Wendy Craig—Canada's dynamic duo of bullying prevention—have just launched a software-based bullying prevention curriculum for students in Grades 2 to 5.



The *Quest for the Golden Rule: Bullying Prevention Software*

(www.practiqquest.com) allows each student to experiment with a variety of friendship role-playing scenarios and to learn from the choices they make. The materials were tested by an independent third-party evaluator before being brought to market and were demonstrated to reduce the amount of bullying in schools.

What the students are learning on screen is rounded out by classroom and home activities. The curriculum features five weeks' worth of activities (all of which are based on the best evidence about what has been proven to reduce bullying) and is supplemented with other add-ons, such as suggestions for modifying activities for students who have special needs and letters for parents. For detailed product information, visit [HYPERLINK "http://www.practiqquest.com/faqscmplete.pdf"](http://www.practiqquest.com/faqscmplete.pdf) www.practiqquest.com/faqscmplete.pdf.

Pepler, a psychology professor at York, and Craig, a psychology professor at Queens, have spent the past 20 years collaborating on research related to bullying and aggression. The two also collaborate as Scientific Co-Directors of PREVNet -- a national network of Canadian researchers, non-governmental organizations (NGOs), and governments committed to stop bullying. "Bullying is wrong and hurtful," the PREVNet website declares. "Every child and youth has the right to be safe and free from involvement in bullying. It affects children and youth who are bullied, those who bully others, and those who know it is going on."

PREVNet has just published its first book: *Understanding and Addressing Bullying: An International Perspective* (\$24.95). The book is available from the organization's website at [HYPERLINK "http://www.PREVNet.ca"](http://www.PREVNet.ca) www.PREVNet.ca.

• Ann Douglas is the author of *The Mother of All Pregnancy Books* and numerous other books about pregnancy and parenting. Join in the conversation at her brand new blog at [HYPERLINK "http://thestar.blogs.com/anndouglas"](http://thestar.blogs.com/anndouglas)

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